

**Overeaters Anonymous Intergroup # 09434 Meeting Minutes**  
**Saturday, May 16, 2015**  
**Humboldt State University —Arcata, CA**

1 Serenity Prayer

2 Concept of the Month: Read Concept #5 for May.

3 Attendance:

1 Present: Ann G, Chairperson; Nina, Intergroup Secretary; Karen, McKinleyville Monday Representative & Intergroup Treasurer; Kathleen, Region 2 Representative; Barbara P., Arcata Saturday Representative;

3.2 Absent: Barbara O.; Eureka Tuesday Representative; Jen K., Fortuna Saturday Representative, Nancy, PR Chair.

4 Approve Agenda: Barbara P motioned to approve, Karen seconded the motion; all approved.

5 Approve Minutes from the previous meeting, with clarifications from Kathleen regarding old website crashing and new website fees (see corrected April minutes): Barbara P motioned to approve, Karen seconded the motion; all approved.

6 Treasurer's Report: Karen reports there is now a balance of \$124.76. (Note that there is a prudent reserve of \$25 is in addition to the regular treasury funds). Ann G. submitted a receipt for \$30 phone expenditure (which covers 6 months of AT&T phone book listing for the OA Google Voice phone number).

7 7' Tradition: Collected \$12.00

8 Region 2 Representative Report including mail: Kathleen reports no mail received; she forwarded the WSO newsletter to IG members via email.

9 Meeting Representatives' Report:

9.1 Eureka Tuesday: no reports

9.2 Eureka Thursday: Ali has stepped down as Group Representative due to scheduling conflict with family commitments. **Thursday is looking for new rep (please announce at that meeting).**

9.3 Arcata Saturday: Barbara P. reports all is well large strong meeting. Saturday's business meeting group conscience is to donate all excess funds to IG to enable us to send Rep to R2 Assemblies. Saturday continues to support itself and its literature needs.

9.4 McKinleyville Monday: Karen reports they are barely making rent. Need newcomer and welcome back packets. Karen volunteered she will personally purchase 20-30 newcomer packets and will be reimbursed by the individual meetings; this will save each of the individual meetings on postage expense. Also, Kathleen said that many intergroups purchase literature on behalf of area meetings to save on postage. Since Intergroup doesn't have the funds to carry an inventory, perhaps each meeting could put in an order once a month or so. **Please ask all meetings if they are interested in grouping our orders together.**

9.5 Fortuna Saturday: Jen is no longer the Saturday Rep. Kathleen reporting on behalf of Saturday rep: meeting is doing well 2-3 people. Kathleen will ask Treasurer for IG donation

and history.

9.6 Crescent City Monday: No Rep here to report but Kathleen talked to one person and asked if she wanted their information on the website and waiting to hear back

10 Old Business:

10.1 **Current website updates:** Lots of good information under "Resources" on our website. Kathleen mentioned that it is important that links not mention specific names, even when they are first names only, in keeping with traditions. (More information and feedback give to Nancy about outside issues and languages?). Please note that old and new template by-laws, as well as other business documents could be posted on our JO website... all documents must be in PDF format.

10.2 **Let's finalize possible dates for Region 2 "Service, Traditions & Concepts"** approximately 3 hour workshop, (Noon to 3:00) is aimed specifically at Intergroup but is also open to all area members. Kathleen will invite Mendocino and other area Intergroups. The tentative dates are: first choice September 26, 2015, second choice, Oct 3' 2015. Perhaps tentatively reserve our HSU room for both dates, then let R2 know so they can work with our dates to find someone to travel to present workshop. Note that attendance at workshop is not mandatory (3 of 5 IG members present today are willing to attend) however, we should let R2 know how many 10 members will be attending and how many other members might also attend.

10.3 **IG meeting time limit:** Discussion took place and make an official time limit 11:10am-12:10pm. Barbara motioned getting Roberts rules of order and having an ad hoc group discuss the business format; Karen seconded. . . all approved.

10.4 **Let's prioritize old & new business matters** to handle over the next several months: plan outreach (both in and outside of OA) and estimate related costs? draft a budget? purchase "OA Handbook" for all IG members?, by-laws update?, consider how to be self-supporting? need for Vice-Chairperson position? Karen moved, Barbara seconded; all approved "Committees" (2 or more 10 members each) to work on specific issues to efficiently get these jobs done. Currently: Budget Committee (Karen and Ann), By-laws (Barbara P. and Ann).

10.5 **Outreach projects:** TABLED THIS UNTIL NEXT TIME Consider additional outreach projects.

10.6 **Become self-supporting...** TABLED TO BUDGET COMMITTEE: draft a budget (website/phone/literature/photocopying & office supplies expense/other outreach expenses/R2 Assembly travel/meeting support, etc). Also briefly discussed possibility of getting a checking account and implications regarding getting Federal Tax ID, but will consider after budget completed to determine if necessary or not. Regarding being self-supporting, Kathleen reminded us that we can continue to apply for R2 grant funds for R2 Assembly travel and also both R2 and WSO Delegate financial aid for 2016 WSO business meeting.

10.7 **Purchase OA Handbook for IG Members?** TABLED UNTIL AFTER JUNE, since

this pamphlet is currently undergoing revision by WSO and is not currently for sale at the [OA.org](http://OA.org) bookstore..

10.8 **Need for Vice-Chairperson position?** Barbara volunteered to serve as Vice-Chairperson... Karen nominated Barbara P for Vice Chair position, Kathleen seconded; all approved.

11 New Business:

11.1 TABLED UNTIL NEXT MEETING: P.O. Box for IG mail?

12 What's on Your Mind?.

12.1 Prudent reverse shall be six months of operating expenses.. .which is tabled for budget meeting. Self-supporting committee and Outreach committee.

13 Next Meeting: June 20, 2015

14 Closing: Serenity Prayer

Respectfully submitted,

Nina

Intergroup Secretary