

**North Coast Intergroup of OA (#09434)**  
**Meeting Agenda**  
**Saturday Jan. 16, 2015**  
to be held at HSU, Harry Griffith Hall, Room 106 at 11:10a.m.

**1 Serenity Prayer**

**2 Read Concept of the Month (long form from Concepts pamphlet) – Barbara P.**

**Concept Twelve (December)**

The spiritual foundation for OA service ensures that:

- (a) No OA committee or service body shall ever become the seat of perilous wealth or power;
- (b) Sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
- (c) No OA member shall ever be placed in a position of unqualified authority;
- (d) All important decisions shall be reached by discussion, vote and, whenever possible, by substantial unanimity;
- (e) No service action shall ever be personally punitive or an incitement to public controversy;
- (f) No OA service committee or service board shall ever perform any acts of government, and each shall always remain democratic in thought and action.

**Concept One (January)**

The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.

**3 Introductions** – Ann G. (Chairperson), Kathy S. (Arcata Meeting Rep), Barbara P. (Vice Chair, acting Treasurer, acting McKinleyville Meeting Rep), Marla W. (Secretary)

**4 Approve Agenda** – Approved. Unanimous.

**5 Approve Minutes from last meeting** - Approved. Unanimous.

**6 Treasurer's Report:** Barbara P.

Balance: \$568 (after \$105 for Insurance Certificate, Bayshore Health Fair)

**7 7<sup>th</sup> Tradition** - \$5 collected.

**8 R2 Representative's Report regarding October Region 2 Assembly (5 minute report):**

Old business. R2 Rep, Kathleen D., not in attendance.

**9 Meeting Representative's Reports:**

**9.1 Eureka Tuesday** – Barbara P. for Anne F.

Very small, good meeting, could use support.

**9.2 Eureka Thursday** – Ann G.

~10 members, rotating group, main contributor to NCIG Treasury

**9.3 Arcata Saturday** – Kathy S.

~8 members, strong meeting.

**9.4 McKinleyville Monday**

7 – 10 members, able to pay rent (\$32/month), will purchase OA literature soon

**9.5 Crescent City Thursday**

?

**10 Old Business**

**10.1 Use of outreach materials? Related issue: use at Bayshore Mall Health Fair (along with pamphlets ordered by Barbara P) ... also, current status on Health Fair Insurance policy.**

- Outreach materials earmarked for Health Fair on Feb. 6<sup>th</sup>. All documents due by Jan. 22<sup>nd</sup>. Insurance Certificate problem – no Workers' Comp. Appeal to Brian @ St. Joe's for an OA Table at their booths.
- Supplies requested – pamphlets for newcomers and professionals, meeting schedules, flyers.

- Need \$100 for outreach materials.
- Motion to fund \$100 for outreach materials (Ann G.) – Approved. Unanimous.

**10.2 Resume short 1-hour workshops on a regular basis (3<sup>rd</sup> Saturday of even-numbered months)? Barbara reports that room reservations have to wait until the next semester begins. Do we have the room? Any volunteers to lead a 1 hour workshop?**

- HSU room reserved for workshops until 12:30 (Barbara P.)
- Feb. 20<sup>th</sup> proposed topic: *'The Difference Between Abstinence and a Plan of Eating'* from site [www.aa.org](http://www.aa.org) (Ann G.). Approved. Unanimous.
- Flyers, both full and half page to distribute and post (Marla W.)
- Motion to fund \$10 for workshop materials. Approved. Unanimous.

**10.3 Review draft By-Laws for approval and adoption. Consider waiting to discuss this item, depending on remaining time available and need to discuss new business.**

- Barbara P. – simplify by statement of adherence to OA By-Laws, take out Twelve Steps and Twelve Traditions, reduce from seven to one or two pages. Will ask Kathleen D. for R2 input.
- Ann G. – By-Laws provide written guidance for new Intergroup members/board (in case experienced members are unexpectedly not available to serve), Motion to Table until next meeting. Approved. Unanimous.

**10.4 Other Avenues for Outreach proposed during last meeting:**

**a. Kathy – radio stations, KHSO Community Service Announcements for example. Will research format – PSA, interview with OA member, etc.**

- Calls to KHSO unanswered – winter break? Will continue efforts

**b. Kathleen – WSO has downloadable PSA on website for \$5 (about 30 seconds of 'on air' time); she posted flyer at weight scale at her health care provider (Open Door Health), suggested hospital emergency waiting rooms, etc.**

- Not in attendance. Table until next meeting.

**c. Barbara – materials to HSU campus Health Center, doctor's offices**

- Seeking list of HumCo Healthcare Providers to create a mailing list for pamphlets and schedules.
- Doing research/cost analysis

**d. Karen – newspaper article like the one she saw in the Phoenix Sun. Plus, she will distribute materials to people as opportunity arises (especially wallet-size 'Just For Today')**

- Not in attendance. Table until next meeting.

**e. Intergroup members to distribute literature from closed Fortuna meetings among various meetings and to potential newcomers**

- Table until next meeting.

**10.5 Do we need a 'Google Voice' workshop? This is general contact and rings through to all who've signed up to answer phone: 707-502-2512.**

- Table until next meeting.

**11 New Business – none.**

**12 What's On Your Mind?**

- Ann G. – outreach to groups about Workshops for volunteer presenters and to increase participation. Next available workshop is April 20<sup>th</sup>.

**13 Next Meeting Date: Mar. 19, 2016**

**14 Closing – Ann G., 'We' version of the *Serenity Prayer***